

# TEAMMATES<sup>SM</sup>

## MENTORING



## OUR MISSION

To positively impact the world by  
**inspiring** students to reach their full potential  
through mentoring.

## About TeamMates

- TeamMates is a school-based mentoring program that matches students with an adult mentor based on shared interests or experiences.
- Mentors meet with their mentee once a week for about 30-45 minutes.
- Mentors and mentees focus on building friendships by playing games, talking about their strengths, working on a project, or just having a conversation.
- Our matches build lasting relationships.

“ONE THING I LEARNED ABOUT MYSELF THROUGH TEAMMATES IS THAT I’M STRONG, POWERFUL, BRAVE, AND I CAN DO ANYTHING.”

- 4th Grade Mentee



Since 1991, more than

**49,000**  
**STUDENTS**  
**HAVE BEEN**  
**impacted.**



## Be Inspired: **Become a mentor.**

Become a TeamMates mentor and help shape your community's future. Our students need mentors. By becoming a mentor, you'll play a big part in building the future of your local community by helping students **reach their potential.**

### **A TeamMates Mentor is:**

- A safe, adult friend
- Non-judgmental
- Caring
- Willing to learn
- A promise keeper
- A strengths spotter
- Able to meet weekly
- Ready to have fun



**83%**

Mentors Feeling  
More Engaged  
at Home or Work

## **Be There.**

Scan this code to learn  
more about TeamMates.



**TeamMates.org**