

# Colfax-Mingo CSD October 2020 Menu

## National School Lunch Week October 12<sup>th</sup> – 16<sup>th</sup>

Monday	Tuesday	Wednesday	Thursday	Friday
			1 B - Breakfast Pizza Pork Chopette Mashed Potatoes & Gravy Green Beans Sliced Bread (7-12) Mixed Fruit Milk	2 B - Donut  Mr. Rib Fresh Vegetable Salad French Fries Pears Banana Bar (HS) Milk
5 B- Sausage & Pancake on a Stick  Corndog Tater Tots Baked Beans Peaches Milk	6 B- Cinnamon Roll  Super Nachos Bean/Cheese/Salsa Corn Rosy Applesauce Milk	7 B- Grab n Go  Chicken Wrap Garden Salad Seasoned Peas Pasta Salad (7-12) Grapes Milk	8 B- Long John  Pasta Bake Tossed Salad Broccoli Salad Garlic Knot Fruit Choice Milk	9 B- Muffin & Yogurt  Cheese Steak Sandwich Seasoned Wedges Mini Carrots Mandarin Oranges Milk
12  No School	13 B- French Toast Sticks  Popcorn Chicken Mashed Potatoes Green Beans Pears Milk	14 B – Grab n Go  Italian Dunkers w/ Marinara Mixed Greens Salad Corn Mixed Fruit Milk	15 B – Coffee Cake  Sandwich Choice Curly Fries Baked Beans Apple Slices Milk	16 B - Pancakes  Grilled Cheese Tomato Soup Fresh Vegetables Fruit Choice Dessert (9-12) Milk
19 B – Breakfast Pizza  Cooks' Choice	20 B - Mini Donuts  Chicken Melt Tater Tots Broccoli Banana Milk	21 B – Grab n Go  French Toast Sausage/Egg Potato Triangle Pepper Sticks & Cucumber Slices Strawberries Milk	22 B - Breakfast Choice  Crispito w/ Cheese & Lettuce Corn Refried Beans Pineapple Choc Chip Cookie Milk	23 B - Combo Bar  Shrimp Poppers Mashed Potatoes Mixed Vegetables Biscuit Orange Wedges Milk
26 B - Waffles  Pizza Tossed Salad w/ Romaine Mini Carrots Pears Milk	27 B - Donut  Mr. Rib Potato Smiles Green Beans Grapes Milk	28 B – Grab n Go  Salisbury Steak Potatoes & Gravy Steamed Broccoli Wheat Roll Peaches Milk	29 B - Biscuit & Gravy  Cheeseburger/WG Bun Lettuce & Tomato Curly Fries Baked Beans Apple Milk	30 B - Breakfast Bites Spookghetti Screaming Greens Frog Eyes Broomstick Potion Sauce Graveyard Cake Witches' Brew

\*Milk (skim, choc skim & 1%) \*Menu is subject to change

\* Breakfast includes entrée, fruit/fruit juice & milk. Additional options at the JH/HS.

*This institution is an equal opportunity provider.*