

Your personal health care information is at your fingertips with myWellmark® — no matter your location.

It has tools, resources and insights to help you make health insurance easier, manage health care spending and live a healthier life.



See relevant information related to your specific coverage.



Find a trusted health provider in your plan's network.



Estimate your cost of care for procedures and services before you go.



Receive electronic versions of your Explanation of Benefits (EOB).



View detailed claims information, including cost breakdown and status tracker.



Get health news, resources and tips.

Here are a few tools and resources on myWellmark:

CLAIMS

Claims: Check and track your claims with a status tracker and cost details.

Year-to-Date Spend: Run a report showing your out-of-pocket health care spending for the current or previous calendar year.

Categorize claims: Filter by family member, date, status, provider, and type.

COVERAGE

Personalized coverage information: See copays, deductibles, out-of-pocket maximums, plan details and track how much you've spent.

My Flex Spending Account: View your current balance and learn how to optimize your pre-tax savings with easy-to-use, time-saving tools.

FIND CARE

Using your specific health plan benefits, this tool helps you make informed decisions:

- Estimate cost of care for procedures and services.
- Search for an in-network health care provider.
- · View patient reviews to help you choose a quality physician.

WELL-BEING

Wellness Assessment: Evaluate your current health status and take action to improve your health, powered by WebMD®.

Trackers: Whether your goal is to lower your blood pressure or keep a regular exercise schedule, trackers are an easy way to monitor your progress.

Search: Find information on health and medical news from A to Z.

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ATENCIÓN: Si habla español, los servicios de asistencia de idiomas se encuentran disponibles gratuitamente para usted. Comuníquese al 800-524-9242 o al (TTY: 888-781-4262).

注意:如果您说普通话,我们可免费为您提供语言协助服务。请拨打800-524-9242或(听障专线:888-781-4262)。

ACHTUNG: Wenn Sie deutsch sprechen, stehen Ihnen kostenlose sprachliche Assistenzdienste zur Verfügung. Rufnummer: 800-524-9242 oder (TTY: 888-781-4262).



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